



salaam | namaste
Modern Indian Cuisine

Lunch Menu

www.salaam-namaste.co.uk

Our new lunch menu is inspired by street food and regional specialities across India. At Salaam Namaste we pride ourselves in offering contemporary, **healthy** and fresh food at all times.

Small Plates

Rajasthani Mirchi Vada (V).....	£5.50
Chilli fritters stuffed with mashed potato masala, coated in crispy batter	
Ambala Macchi Fry.....	£6.50
North Indian delicacy, fresh seabass fillets coated in spicy batter, deep fried	
Namaaste Goli Wings	£5.75
Spicy chicken wings tossed with red onion, peppers & spices	
Punjabi Crispy Okra (V)	£5.50
Lightly spiced, battered okra fries	
Tellicherry Chilli Garlic Prawns (GF).....	£7.95
Malabar Coast favourite prawns tossed with chilli, garlic & chefs special spices	
Scallops Bhel.....	£6.95
Cumin crusted pan seared scallops, puffed rice, red onion, and tamarind	
Tandoori Portobello Mushroom.....	£5.95
Marinated & filled with figs, cashew nuts, raisins, green chilli, curry leaf & homemade cheese in a dressing	
Keema Matar Samosa.....	£5.50
Spiced minced lamb and peas wrapped in filo pastry	

Chaat Corner

Chaat is a savoury snack typically served at roadside trucks, stalls or food carts

Chatpati Tokri Chaat (V)	£5.95
Crispy potato basket, lentil dumplings, chickpeas, cucumber, pomegranate, tamarind & yogurt	
Purani Delhi Aloo Tikki Chaat (V).....	£5.50
Crispy fried spiced mashed potato cakes, served with masala chickpeas, yoghurt & tamarind	
Gobhi Matar Samosa Chaat (V).....	£4.95
Spiced green peas & cauliflower wrapped in filo pastry, tamarind & yoghurt	

Chefs Speciality

Served with Zafrani Pulao rice or Nan

Dhaba Gosht (GF)	£12.95
A legendary North Indian goat curry with potatoes, cooked on the bone	
Mangalorean Kori Gassi Chicken (GF).....	£12.95
Chicken curry with flavours of coconut, mustard seeds, curry leaves, roast chillies and tamarind	
Seafood Moilee.....	£14.95
A coastal favourite King prawns, scallops & seabass fillets with curry leaves in coconut sauce	
Lasooni Paneer Tikka Lababdar (V) (GF).....	£10.95
Chargrilled Indian cottage cheese cooked with tomatoes, onions, capsicum, fresh cream & exotic spices <i>Healthy option</i>	
Chargrilled Chicken Tikka Salad.....	£9.95
With mint & coriander dressing	

Thali

Indian-style meal, selection of small dishes which are served on a platter

Vegetarian Thali (V)	£13.95
Non Vegetarian Thali (NV).....	£14.95

Desserts

Gulab Jamun served with Vanilla ice cream.....	£4.25
Gajar Ka Halwa served with Coconut ice cream..	£4.50
Kulfi (Pistachio/Mango)	£4.50
Sorbet (Mango/ Raspberry/Lemon)	£4.50
Ice cream (Vanilla/Coconut).....	£4.50

Allergy Notice: If you have a food allergy or a special dietary requirement please inform a member of our hospitality team.

12.5% service charge will be added to your bill

Grills

Served with side house salad

Starter/Main	
Coriander & Lime Chicken Tikka (GF)	£5.95/£11.95
Marinated with garlic, green chillies, coriander & lime leaf, chargrilled in clay oven	
Venison Seekh Gilafi (GF).....	£7.25/£14.50
Freshly minced venison with garlic, green chillies, spices, finished with mixed peppers grilled in a clay oven	
Chicken Tikka Shashlik (GF)	£6.50/£12.95
Chargrilled chicken with red peppers, onions & tomatoes in sizzling spices	
Chargrilled Tandoori Green Prawns (GF).....	£7.95/£15.95
Bay of Bengal jumbo prawns marinated in coriander, mint & green chillies, chargrilled in Tandoor, pineapple relish	

House Favourite

Amritsari Champen (GF).....	£7.95/£14.95
Succulent lamb chops, marinated in ginger, garlic and chefs spices, served with spiced mashed potatoes	

Tandoori Malai Broccoli Shashlik (V) (GF)	£12.95
Broccoli, capsicum and onion marinated in cheese & cream, chargrilled in Tandoor	

Biryani Wala

Finest Basmati slowly cooked with spices. Choose from following variants

Chicken Biryani (GF).....	£13.95
Lamb Biryani (GF).....	£14.95
Vegetable Biryani (V) (GF).....	£11.95
King Prawn Biryani (GF)	£15.95

V - Vegetarian GF- Gluten Free VE- Vegan

Curries

Served with Basmati rice or Nan

Chicken Tikka Masala (GF).....	£10.95
The UK's favourite, in mild creamy tomato, cashew nut coconut sauce.	
Goan Fish Curry (GF).....	£11.95
Pan-seared sea bass fillets cooked in coastal spices, roasted red chillies, curry leaf, mustard seeds tomatoes & tamarind	
Rajasthan Laal Maas (GF).....	£12.95
Spicy lamb dish cooked with roasted red chillies	
Chicken/Lamb Jalfrezi (GF)	£9.95/£10.95
Cooked with onion, tomato, green peppers	
Chicken/Lamb Saagwala (GF)	£10.50/£11.50
Cooked with fresh leaf spinach	
Palak Paneer Ke Kofta (V)	£10.95
Spinach and cottage cheese dumplings, simmered in a satiny smooth tomato gravy	
Vegetables Side / Main	
Stir-fried okra with mango (V) (VE) (GF).....	£5.95 / 8.95
Saag Paneer (V) (GF)	£6.95 / 8.95
Tarka Dal (V) (GF)	£5.95 / 7.50
Dal Makhani (V) (GF).....	£5.95 / 7.95
Dhaba Channa Masala (V) (GF).....	£5.95 / 7.95

Rice and Breads

Nan	£1.95
Garlic Nan	£2.50
Cheese Nan	£2.75
Tandoori Roti (VE).....	£2.25
Basmati Rice (VE) (GF).....	£2.50
Zafrani Pulao (GF).....	£2.95
Mushroom Rice (GF).....	£3.50
Lemon Rice (VE) (GF).....	£3.50
Vegetable Pulao (GF).....	£3.95

Accompaniments

Popadoms & chutneys (V).....	£1.50pp
Cucumber raita (V) (GF).....	£3.25
Kachumber salad (V) (GF).....	£3.25